

Wednesday May 6th - Coping with Covid - Morning

Laugh it off: A drill sergeant chewed out one of his cadets. As he walked away, he turned to the cadet and said, "I guess when I die you'll come and dance on my grave." The cadet replied, "Not me, Sarge. When I get out of the Army, I'll never stand in another line."

God's Comfort: Prov 24:19-22 19 Do not fret because of evildoers or be envious of the wicked, 20 for the evildoer has no future hope, and the lamp of the wicked will be snuffed out. 21 Fear the Lord and the king, my son, and do not join with rebellious officials, 22 for those two will send sudden destruction on them, and who knows what calamities they can bring?

Psalm 133:1-3 How good and pleasant it is when God's people live together in unity! 2 It is like precious oil poured on the head, running down on the beard, running down on Aaron's beard, down on the collar of his robe. 3 It is as if the dew of Hermon were falling on Mount Zion. For there the Lord bestows his blessing, even life forevermore.

Pray daily - God is easy to talk to: O Heavenly Father, who has filled the world with beauty; Open my eyes to behold your gracious hand in all your works; that rejoicing in your whole creation, I may learn to serve you with gladness, faithfully managing your bounty; for the sake of him by whom all things were made, your Son, Jesus Christ our Lord. Amen.

National Day

Today (May 6):

Great American
Grump Out, No
Diet Day, Crepes
Suzette Day, Deaf
Interpreter Day,
Golf Day, Nurses
Day - RN
Recognition Day -
School Nurse
Day, Skilled
Trades Day, No
Homework Day.

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Wednesday May 6th - Coping with Covid - Noon

Laugh it off: A woman was terribly overweight, so her doctor put her on a diet. "I want you to eat regularly for 2 days, then skip a day, and repeat this procedure for 2 weeks. The next time I see you, you'll be down 5 pounds." When she returned, she'd lost 20 pounds. "That's amazing!" the doctor said, "You followed my instructions?" The woman nodded. "Yes, but I thought I was going to drop dead that third day." "From hunger, you mean?" "No, from all the skipping."

God's Comfort: Matthew 9:27-33 27 As Jesus went on from there, two blind men followed him, calling out, "Have mercy on us, Son of David!" 28 When he had gone indoors, the blind men came to him, and he asked them, "Do you believe that I am able to do this?" "Yes, Lord," they replied. 29 Then he touched their eyes and said, "According to your faith let it be done to you"; 30 and their sight was restored. Jesus warned them sternly, "See that no one knows about this." 31 But they went out and spread the news about him all over that region. 32 While they were going out, a man who was demon-possessed and could not talk was brought to Jesus. 33 And when the demon was driven out, the man who had been mute spoke. The crowd was amazed and said, "Nothing like this has ever been seen in Israel."

Historical Perspective (May 6): 1835 - New York Herald published. 1856 Sigmund Freud and Robert E. Peary, Sr (North Pole) born. 1915 - Orson Welles born. 1937 - Hindenburg crashed in Lakehurst, NJ. 1953 - Tony Blair born. 1960 - Eisenhower signs Civil Rights Act of 1960. 1963 - Roma Downey born - Touched by an Angel. 1994 – Chunnel Opens. 2002 - "Spider-Man" - made \$100 million on first weekend. 2005 - James Brown statue – Atlanta.

Writing for Fun: Haiku is a 3-line, 17-syllable poem. 5 syllables 1st line, 7 syllables 2nd line, and 5 syllables 3rd line. Use the Historical Perspective events as themes for several Haiku.

Haiku Example: Robert E. Peary	
Josiah Henson (5 syllables)	
Robert Peary's Right-Hand Man (7 syllables)	
North Pole up and back (5 syllables)	

Haiku Example: Roma Downey	
Touched by an Angel (5 syllables)	
Roma Downey born today (7 syllables)	
Wonderful Mem'ries (5 syllables)	

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Wednesday May 6th - Coping with Covid - Supper

Laugh it off: A psychologist enters a patient's room. Patient #1, on the floor, is pretending to saw a piece of wood in half. Patient #2 is hanging from the ceiling by his feet. The doctor asks Patient #1, "What are you doing?" Patient #1 says, "I'm sawing this piece of wood in half?" The doctor asks what Patient #2 is doing. Patient #1 says, "He thinks he's a lightbulb." Patient #2's face is turning red, so the Doctor asks, "Don't you think you should get him down before he hurts himself." Patient #1 replies, "What? And work in the dark?"

God's Comfort: Genesis 1:1-8 1 In the beginning God created the heavens and the earth. 2 The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of God was hovering over the face of the waters. 3 Then God said, "Let there be light"; and there was light. 4 And God saw the light, that it was good; and God divided the light from the darkness. 5 God called the light Day, and the darkness He called Night. So the evening and the morning were the first day. 6 Then God said, "Let there be a firmament in the midst of the waters, and let it divide the waters from the waters." 7 Thus God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament; and it was so. 8 And God called the firmament Heaven. So the evening and the morning were the second day.

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Quotes/Other Wisdom:

"I pay no attention whatever to anybody's praise or blame. I simply follow my own feelings." - Wolfgang Amadeus Mozart

"An artist is someone who has learned to trust in himself." - Ludwig van Beethoven

"Ceaseless work, analysis, reflection, writing much, endless self-correction, that is my secret." - Johann Sebastian Bach

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