## Thursday May 21st - Coping with Covid - Morning

**Laugh it off:** As the dentist labored over my teeth, he tried to make small talk. "What do you do?" he asked. "I'm a comedian," I answered. "Interesting." After a pause, he said, "Let's get an impression—" I interrupted, "Actually, it's more observational humor. I don't do impressions." The dentist continued, "—of your teeth."

God's Comfort: Prov 26:20-22 20 Without wood a fire goes out; without a gossip a quarrel dies down. 21 As charcoal to embers and as wood to fire, so is a quarrelsome person for kindling strife. 22 The words of a gossip are like choice morsels; they go down to the inmost parts. Psalm 145:3-7 3 Great is the Lord and most worthy of praise; his greatness no one can fathom. 4 One generation commends your works to another; they tell of your mighty acts. 5 They speak of the glorious splendor of your majesty and I will meditate on your wonderful works. 6 They tell of the power of your awesome works and I will proclaim your great deeds. 7 They celebrate your abundant goodness and joyfully sing of your righteousness.

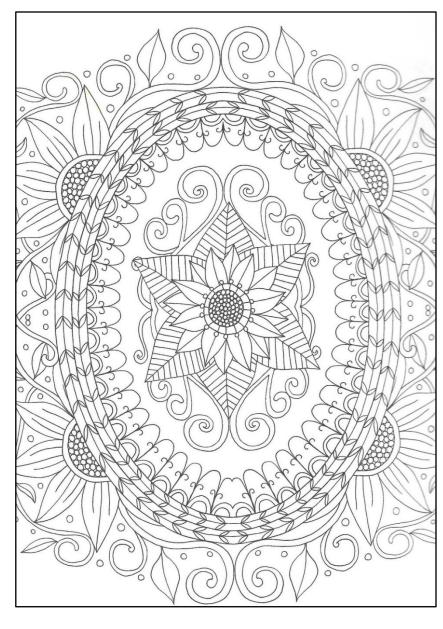
#### Pray daily - God is easy to talk to:

Dear God, Thank you for your power and work in my life and thank you for your goodness and for your blessing to me. I thank you that you bring hope through even the toughest of times, strengthening me for your purposes. Thank you for your mercy and grace. Forgive me for when I do not thank you enough, for who you are, for all that you do, for all that you've given. Help set my eyes and our heart on you afresh. Please, renew my spirit every day. In Jesus' Name, Amen.

### National Day Today (May 21):

Ascension Day (of Jesus), Eat More Fruits & Vegetables Day, Emergency Medical Services Day, National Strawberries and Cream Day, National Waiters and Waitresses Day, Red Nose Day, World Day for Cultural Diversity for Dialogue and Development.

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## Thursday May 21st - Coping with Covid - Noon

**Laugh it off**: In his late 80s, my father-in-law went to the DMV to renew his driver's license. At one point during the road test, he approached a four-way stop, looked to his left, and cruised straight through the stop sign. "Sir! You didn't look to your right," yelled the frightened inspector. My father-in-law calmly shook his head. "That's Mum's side." — You know it is going to be a bad day when the letters in your alphabet soup spell D-I-S-A-S-T-E-R. — Did you hear about the semi-colon that broke the law? He was given two consecutive sentences.

God's Comfort: Matthew 13:31-33 31 He told them another parable: "The kingdom of heaven is like a mustard seed, which a man took and planted in his field. 32 Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches." 33 He told them still another parable: "The kingdom of heaven is like yeast that a woman took and mixed into about sixty pounds of flour until it worked all through the dough."

**Historical Perspective (May 21): 427 B.C** – Plato born. **1819** – First bicycles "swift walkers" in U.S.(NYC) **1881** - Clara Barton founds American Red Cross. **1909** - Sister Maria Innocentia Hummel born. **1917** - Raymond Burr born. **1927** - Charles A. Lindberg completes first solo nonstop airplane flight of Atlantic Ocean. **1929** - Trademark registered for "Sorry" board game **1956** - First airborne hydrogen bomb at Bikini Atoll. **1980** - "The Empire Strikes Back" released. **1959** - "Gypsy" opens Broadway.

Writing for Fun: Use 100 words to tell a joke you like and why.

Sample Joke: Q: "Did you know Chuck Your Joke: Norris is dead?" "No, I just saw him, and he was alive. "Well that's the problem, The Grim Reaper has not gotten up the courage to tell him." I love the play on absurdities. Chuck, who is human, has enjoyed the reputation the he is superhuman and the Grim Reaper who fears no one, fears Chuck. I also love the misdirection where you are thinking one direction and the punchline takes me somewhere else. Another one I really enjoyed was in the activity sheet recently. "Chuck once round-house kicked a horse. Its descendants are known as giraffes."

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## Thursday May 21st - Coping with Covid - Supper

**Laugh it off:** After my husband injured himself, I ran him over to the doctor's office. There, the nurse dressed his wound and gave him instructions on how to care for it. She then reassured him by adding, "Now, if you do everything I've told you, you won't be with us for long." -- I own the world's worst thesaurus. Not only is it awful, it's awful. -- The world tongue-twister champion just got arrested. They're gonna give him a really tough sentence.

God's Comfort: Genesis 3:8-13 14 So the Lord God said to the serpent, "Because you have done this, "Cursed are you above all livestock and all wild animals! You will crawl on your belly and you will eat dust all the days of your life. 15 And I will put enmity between you and the woman, and between your offspring and hers; he will crush[b] your head, and you will

strike his heel." 16 To the woman he said, "I will make your pains in childbearing very severe; with painful labor you will give birth to children. Your desire will be for your husband, and he will rule over you."

#### **Quotes/Other Wisdom:**

"The measure of who we are is what we do with what we have." - Vince Lombardi

"Your present circumstances don't determine where you can go; They merely determine where you start." – Nido Qubein

# Games: Photography Word Search

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#### **GRAND CANYON WORD SEARCH PUZZLE**

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ARIZONA BACKCOUNTRY BIGHORN SHEEP CAMPGROUNDS COLORADO RIVER GUANO POINT HAVASUPAI HIKING HOPI HOUSE HUALAPAI MOHAVE POINT MULE DEER NATIONAL PARK PACK MULES RAFTERS ROOSEVELT SCENIC VIEWS SKYWALK SOUTH RIM TOURISTS