

Friday, June 5th - Coping with Covid - Morning

Laugh it off: The attorney tells the accused, “I have good news and bad news.” “What’s the bad news?” asks the accused. “The bad news is, your blood is all over the crime scene, and the DNA tests prove you did it.” “What’s the good news?” “Your cholesterol is 130.”

God’s Comfort: Prov 28:19-21 19 Those who work their land will have abundant food, but those who chase fantasies will have their fill of poverty. 20 A faithful person will be richly blessed, but one eager to get rich will not go unpunished. 21 To show partiality is not good - yet a person will do wrong for a piece of bread. **Psalm 146:1-5** 1 Praise the Lord. Praise the Lord, my soul. 2 I will praise the Lord all my life; I will sing praise to my God as long as I live. 3 Do not put your trust in princes, in human beings, who cannot save. 4 When their spirit departs, they return to the ground; on that very day their plans come to nothing. 5 Blessed are those whose help is the God of Jacob, whose hope is in the Lord their God.

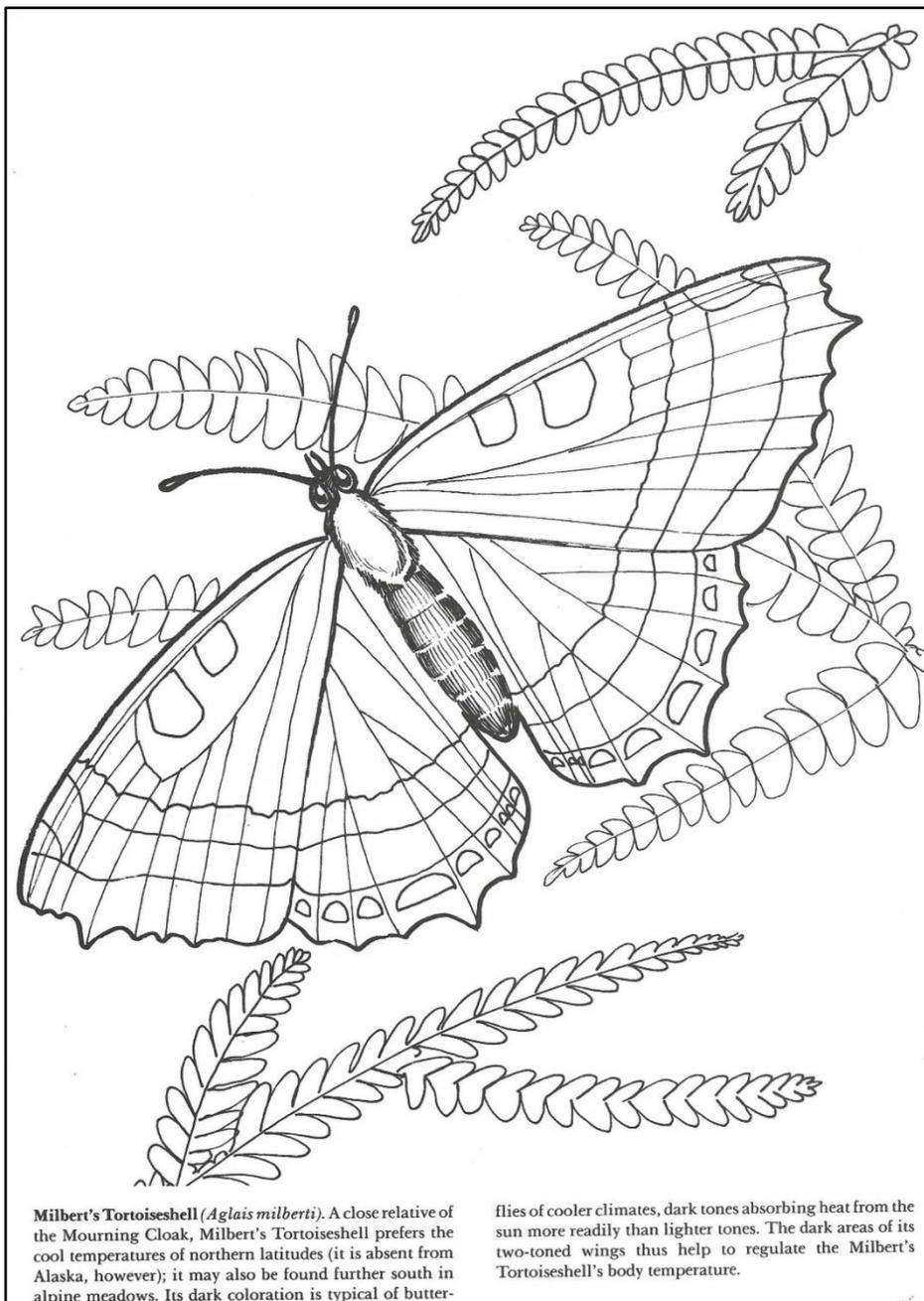
Pray Daily – God is easy to talk to:

Dear God, you beckon us with promises of love; Fulfill our desire for you. You pursue us even when we flee from you; Bring us to our right minds. You delight in us and show us your compassion; Make us mindful of the deep need in the world, especially _____. You give us the gift of your unbounded love; Pour out your love on all the world. Amen

National Day Today (June 5):

Apple II Day, Festival of Popular Delusions Day, Hot Air Balloon Day, Donut Day, Gingerbread Day, Moonshine Day, World Environment Day.

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Milbert's Tortoiseshell (*Aglais milberti*). A close relative of the Mourning Cloak, Milbert's Tortoiseshell prefers the cool temperatures of northern latitudes (it is absent from Alaska, however); it may also be found further south in alpine meadows. Its dark coloration is typical of butter-

flies of cooler climates, dark tones absorbing heat from the sun more readily than lighter tones. The dark areas of its two-toned wings thus help to regulate the Milbert's Tortoiseshell's body temperature.

Friday, June 5th - Coping with Covid - Noon

Laugh it off: A defendant is not happy with how things are going in court, so he gives the judge a hard time. Judge: "Where do you work?" Defendant: "Here and there." Judge: "What do you do for a living?" Defendant: "This and that." Judge: "Take him away." Defendant: "Wait; when will I get out?" Judge: "Sooner or later."

God's Comfort: Matthew 16:6-12 6 "Be careful," Jesus said to them. "Be on your guard against the yeast of the Pharisees and Sadducees." 7 They discussed this among themselves and said, "It is because we didn't bring any bread." 8 Aware of their discussion, Jesus asked, "You of little faith, why are you talking among yourselves about having no bread? 9 Do you still not understand? Don't you remember the five loaves for the five thousand, and how many basketfuls you gathered? 10 Or the seven loaves for the four thousand, and how many basketfuls you gathered? 11 How is it you don't understand that I was not talking to you about bread? But be on your guard against the yeast of the Pharisees and Sadducees." 12 Then they understood that he was not telling them to guard against the yeast used in bread, but against the teaching of the Pharisees and Sadducees.

Historical Perspective (June 5): 1752 - Benjamin Franklin flies kite in lightning storm. 1851 - Harriet Beecher Stow 1st installment "Uncle Tom's Cabin." 1865 - "Onward Christian Soldiers" sung first time. 1878 - "Pancho" Villa born. (José Doroteo Arango Arámbula). 1883 - John Maynard Keynes born. 1933 - President Roosevelt takes U.S. off gold standard. 1934 - Bill Moyers born. 1941 - Gene Krupa recorded "After You've Gone." 1946 - Fred Stone born - (Sly & The Family Stone). 1947 - George C. Marshall outlines Marshall Plan in Harvard University speech. 1951 - Suze Orman born. 1956 - Kenny G. born. 1971 - James Taylor released "You've Got A Friend." 1973 - British Amateur golf championship - first hole-in-one - Jim Crawford.

Writing for Fun: Using 100 words, continue the conversation.

Sample: "Well? What happened? I want all the details!" "It was nothing, really," I demurred. "Nothing!" the words caught in Joanie's throat. "You've been dating him for two years, he takes you to Che Francois and you come home with a diamond ring the size of a boulder, and its NOTHING?!" I was enjoying stringing this out. If I kept this up Joanie might pop a vein. "Well, I think calling it a boulder is an exaggeration and we only had appetizers. He took me somewhere else after." I smiled, big and toothy and happy. Joanie bounced on her toes, "What did you do?"

Yours "Well? What happened? I want all the details!"

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Friday, June 5th - Coping with Covid - Supper

Laugh it off: If you are interested in becoming a lawyer, you need a college degree. But as these court transcripts reveal, it does not seem to help: Attorney: "How was your first marriage terminated?" Witness: "By death." Attorney: "And by whose death was it terminated?" Witness: "Guess." -- Attorney: "Doctor, how many of your autopsies have you performed on dead people?" Witness: "All of them. The live ones put up too much of a fight."

God's Comfort: Genesis 7:24-8:1-5 24 The waters flooded the earth for a hundred and fifty days. 8 But God remembered Noah and all the wild animals and the livestock that were with him in the ark, and he sent a wind over the earth, and the waters receded. 2 Now the springs of the deep and the floodgates of the heavens had been closed, and the rain had stopped falling from the sky. 3 The water receded steadily from the earth. At the end of the hundred and fifty days the water had gone down, 4 and on the seventeenth day of the seventh month the ark came to rest on the mountains of Ararat. 5 The waters continued to recede until the tenth month, and on the first day of the tenth month the tops of the mountains became visible.

Quotes/Other Wisdom:

"The undertaking of a new action brings new strength."
Richard L. Evans

"There are glimpses of heaven to us in every act, or thought, or word, that raises us above ourselves." Robert Quillen

"Whatever ought to be, can be."
James Rouse

Games: Summer Word Search

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JUNE

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

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I F A N G N I Y A L P J U N E
N I G O H T C E O U L D T A L
K I R I T W N N O I T A C A V
O U E T L U D M O U N T A I N
P R M A J G N I N E D R A G O
R N M R B A B F A M I L Y F F
E O U B S W I M M I N G A L R
C I S E G Y O T W B A T O E I
R T A L S N R U T A H E N I E
E A T E I E I N T E L I S P N
A U V C S E N K R D H K I T D
T D E E D R F S I S O C I O S
I A D M A N C L N H N O E N N
O R R F G T M U A I N C R H G
N G J R K R S V C G T Y T S P
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Desert

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Flag

Friends

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Graduation

Hiking

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Mountain

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Sea

Summer

Sunshine

Swimming

Vacation

Walking