Wednesday, June 3rd - Coping with Covid - Morning

Laugh it off: "I have to tell you," said the Doctor, "that you have been diagnosed with a highly contagious disease, we will have to quarantine you, and you'll only be fed cheese and bologna." "That's terrible!" said the patient. "I don't know if I could handle being in quarantine...and the cheese and bologna diet... What's with the cheese and bologna diet anyway?" "It's not exactly a diet", responded the Doctor, "it's the only food that will fit under the door!"

God's Comfort: Prov 28:12-14 12 When the righteous rejoice, there is great glory; But when the wicked arise, men hide themselves. 13 He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy. 14 Happy is the man who is always reverent, But he who hardens his heart will fall into calamity. Psalm 145:10-13 All Your works shall praise You, O Lord, And Your saints shall bless You. 11 They shall speak of the glory of Your kingdom, And talk of Your power, 12 To make known to the sons of men His mighty acts, And the glorious majesty of His kingdom. 13 Your kingdom is an everlasting kingdom, And Your dominion endures throughout all generations.

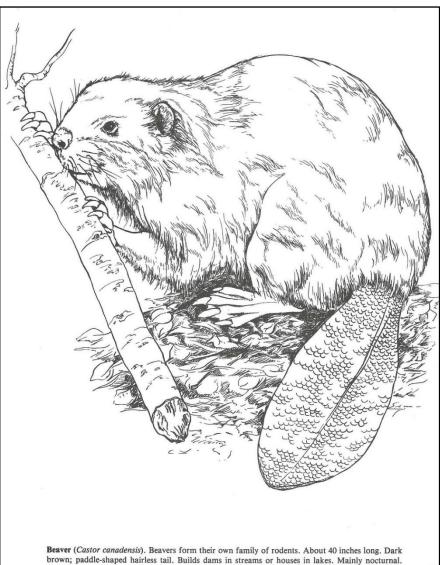
Pray Daily – God is easy to talk to:

Dear God, You are just and merciful, and hear our prayers. Look down upon me, a sinner, have mercy upon me, and deliver me from the troubles that torment me, even though I might deserve them. I know Lord, that you give us trials for our chastisement, when we drift away from you, and disobey your will. Please do not deal with me according to my sins, but according to your endless mercy, for I am the work of your hands, and you know my weakness. Amen

National Day Today (June 3):

Chimborazo Day, (Ecuador Mtn – summit is farthest point Earth away from Earth's center). Running Day, Egg Day, Tailors Day, Repeat Day (I Said "Repeat Day"), Clubfoot Day.

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Beaver (Castor canadensis). Beavers form their own family of rodents. About 40 inches long. Dark brown; paddle-shaped hairless tail. Builds dams in streams or houses in lakes. Mainly nocturnal. Found just about everywhere in North America north of Mexico.

Wednesday, June 3rd - Coping with Covid - Noon

Laugh it off: My four-year-old daughter had the flu. She was achy, had a high fever, and was hoarse. We waited an hour in the office before seeing the Doctor. After the routine of listening to her breathing and checking her ears, the Doctor asked, "so what would you say is bothering you the most?" Without skipping a beat, she answered, "Billy, he keeps breaking my toys!"

God's Comfort: Matthew 15:32-38 32 Now Jesus called His disciples to Himself and said, "I have compassion on the multitude, because they have now continued with Me three days and have nothing to eat. And I do not want to send them away hungry, lest they faint on the way." 33 Then His disciples said to Him, "Where could we get enough bread in the wilderness to fill such a great multitude?" 34 Jesus said to them, "How many loaves do you have?" And they said, "Seven, and a few little fish." 35 So He commanded the multitude to sit down on the ground. 36 And He took the seven loaves and the fish and gave thanks, broke them and gave them to His disciples; and the disciples gave to the multitude. 37 So they all ate and were filled, and they took up seven large baskets full of the fragments that were left. 38 Now those who ate were four thousand men, besides women and children.

Historical Perspective (June 3): 1539 - Hernando De Soto claimed Florida for Spain. 1784 - Congress creates United States Army. 1808 - Jefferson Davis born. 1851 - First baseball team in uniforms – NY Knickerbockers. 1856 - Screw machine patented. 1888 - "Casey at the Bat" published. 1911 - Ellen Corby born - The Waltons. 1925 - Tony Curtis born - Some Like it Hot. 1926 - Allen Ginsberg born. 1927 - Boots Randolph born - Sax hit - Benny Hill's signature tune. 1932 - Lou Gehrig hits four consecutive HRs. 1952 - Frank Sinatra records "Birth of the Blues."1965 - First US astronaut "space walk" - Edward White - Gemini 4. 1967 - Anderson Cooper born. 1986 - Rafael Nadal born. 2017 – Wonderful World of Dr. Seuss Museum opens

Writing for Fun: In honor of Chimborazo Day let's write Haiku about mountains. (5, 7, 5)

Sample Mountain Haiku:	Your Mountain Haiku:
Mountain Range Sprawling Huge Continental Divide. Still Majestic View	
Adirondack Range Western view from Lake Champlain Green Mountains to East	

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Wednesday, June 3rd - Coping with Covid - Supper

Laugh it off: A lady went to the doctor's and was seen by him. A few minutes into the examination, screeching was heard and the lady burst out of the room as if running for her life. A nurse managed to calm her down. When she got the story, she confronted the doctor and scolded him, "Shame on you! Mrs. Smith is 82 years old and you told her she's pregnant." The Doctor barely looked up and asked, "Does she still have the hiccups?"

God's Comfort: Genesis 7:7-16 7 So Noah, with his sons, his wife, and his sons' wives, went into the ark because of the waters of the flood. 8 Of clean animals, of animals that are unclean, of birds, and of everything that creeps on the earth, 9 two by two they went into the ark to Noah, male and female, as God had commanded Noah. 10 And it came to pass after seven days that the waters of the flood were on the earth. 11 In the six hundredth year of Noah's life, in the second month, the seventeenth day of the month, on that day all the fountains of the great deep were broken up, and the windows of heaven were opened. 12 And the rain was on the earth

forty days and forty nights.

Quotes/Other Wisdom:

"The books that help you most are those which make you think that most. The hardest way of learning is that of easy reading; but a great book that comes from a great thinker is a ship of thought, deep freighted with truth and beauty." Pablo Neruda

"We relish news of our heroes, forgetting that we are extraordinary to somebody too." Helen Hayes

"Hope is but the dream of those who wake." - Matthew Prior

Games: Father's Day Word
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FATHER'S DAY

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

Α	H	U	S	В	Α	N	D	R	E	Н	T	0	R	В
E	F	N	0	S	Α	T	Н	Ε	R	1	S	S	P	0
V	M	E	0	R	N	E	Υ	0	U	Ν	L	C	R	0
1	0	K	U	Ε	G	N	1	٧	0	L	Α	P	0	Т
T	0	N	0	Н	M	Α	Т	1	G	P	Т	U	V	E
Ν	R	H	0	Т	W	Τ	T	N	Α	Α	Ν	L	1	D
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T		G	R	F	R	R	L	E	Q	R	0	W	E	T
T	S	M	K	1	Α	Ε	Τ	U	Ν	K	G	C	R	0
Α	Ε	W	Р	С	E	C	Ε	J	F	Ε	N	Н	٧	V
Q	Н	S	V	J	E	N	L	T	0	Y	L	В	T	E
C	N	T	D	P	G	Τ	D	G	W	٧	Α	C	L	D
1	M	X	S	G	1	٧	1	N	G	T	1	L	Ν	P
P	R	Ε	S	Ρ	0	N	S	1	В	L	Ε	Α	P	U
M	R	L	0	Υ	Α	L	G	Χ	Q	F	В	F	L	L

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Attentive	Giving	Provider
Brother	Husband	Respected
Capable	Inspiration	Responsible
Caring	Jovial	Son
Devoted	Loving	Uncle
Father	Loyal	Unique
Friend	Playful	Wise