Tuesday, June 2nd - Coping with Covid - Morning

Laugh it off: During graduate school, I tutored a football player in Psychology 101. After the session, my supervising professor asked me if I was interested in the student, since he was a good-looking athlete. "No, I'm not," I assured him. "Yeah, you probably prefer men who eat quiche," he joked. "Actually, I prefer men who can spell quiche."

God's Comfort: Prov 28:8-10 8 One who increases his possessions by usury and extortion Gathers it for him who will pity the poor. 9 One who turns away his ear from hearing the law, Even his prayer is an abomination. 10 Whoever causes the upright to go astray in an evil way, He himself will fall into his own pit; But the blameless will inherit good. Psalm 145:4-9 4 And shall declare Your mighty acts. 5 I will meditate on the glorious splendor of Your majesty, And on Your wondrous works. 6 Men shall speak of the might of Your awesome acts, And I will declare Your greatness. 7 They shall utter the memory of Your great goodness, And shall sing of Your righteousness. 8 The Lord is gracious and full of compassion, Slow to anger and great in mercy. 9 The Lord is good to all, And His tender mercies are over all His works.

Pray Daily – God is easy to talk to:

My Creator, I pray that I may not only have the desire to know life, but the assurance to live it. Help me to understand that my earthly possessions are not the measure of my life, nor my body the boundary of my living. May I reach for the high standards of the fruits of the spirit (Love, joy, peace, patience, kindness, gentleness, meekness, selfcontrol) that are free, without limit, to all. Amen.

National Day Today (June 2):

Bubba Day, Gun Violence Awareness Day, Leave the Office Early Day, Rocky Road Ice Cream Day.

Coloring Page: Free coloring pages and book download at www.Gladtodoit.net. Need a pastor? Jim Brewster at Gladtodoit@gmail.com or 202-557-8097.



Tuesday, June 2nd - Coping with Covid - Noon

Laugh it off: When my 15-year-old son, Pat, stepped up to the plate during a Colt League baseball game, the young announcer declared, "Now batting, the right fielder, number 12, Pathogen!" After some confusion in the stands, the announcer came back on over the loudspeaker. "Oh, I get it — Pat Hogan!".

God's Comfort: Matthew 15:29-32 29 Jesus departed from there, skirted the Sea of Galilee, and went up on the mountain and sat down there. 30 Then great multitudes came to Him, having with them the lame, blind, mute, maimed, and many others; and they laid them down at Jesus' feet, and He healed them. 31 So the multitude marveled when they saw the mute speaking, the maimed made whole, the lame walking, and the blind seeing; and they glorified the God of Israel. 32 Now Jesus called His disciples to Himself and said, "I have compassion on the multitude, because they have now continued with Me three days and have nothing to eat. And I do not want to send them away hungry, lest they faint on the way."

Historical Perspective (June 2): 1740 - Marquis de Sade born. 1774 - Quartering Act reenacted - Required American colonists to house British soldiers. 1793 - Robespierre starts "Reign of Terror" in France. 1835 - P.T. Barnum's first traveling show. 1840 Thomas Hardy born. 1897 - Mark Twain (61) quips, "the report of my death was an exaggeration." 1904 Johnny Weissmuller born - Olympic swimmer, Tarzan. 1917 - Max Showalter born. 1933 - Barry Levinson born. 1941 - William Guest born - (Gladys Knight and The Pips). 1953 - Elizabeth crowned queen. 1978 - Bruce Springsteen releases "Darkness On The Edge of Town." 1979 - Pope John Paul II – first visit by Pope to Communist country – Poland. 2003 - The New York Philharmonic to return to Carnegie Hall.

Writing for Fun: Using 100 words, write a piece of historical fiction occurring in your birth year. Your character is a lifeguard at the beach during a yard sale. Include a razor.

Sample Historical Fiction: "You need a shave," the yard sale lady said to me holding up a straight razor. "50 cents." I was an Ocean City lifeguard on lunch break. "No thanks," I replied. "I use Gillette's new safety razor. No cuts for me. I worry about sharks." This was 1954 and improvements like this were popping up all over the place. I'd just bought a battery-operated transistor radio that I played from my stand. It sure kept the girls around. A scream caught my attention. Two men were grabbing a girl. "I'll take it," I said and grabbed the razor and ran towards the men.

Your Historical Fiction:

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Tuesday, June 2nd - Coping with Covid - Supper

Laugh it off: The trouble with jogging is that by the time you realize you're not in shape for it, it's too far to walk back. -- When the patient was wheeled into the emergency room, I could tell he was out of it. I asked if he knew the date. He didn't. "Do you know what season it is?" He thought a moment. "Baseball?"

God's Comfort: Genesis 7:1-6 1Then the Lord said to Noah, "Come into the ark, you and all your household, because I have seen that you are righteous before Me in this generation. 2 You shall take with you seven each of every clean animal, a male and his female; two each of animals that are unclean, a male and his female; 3 also seven each of birds of the air, male and female, to keep the species alive on the face of all the earth. 4 For after seven more days I will cause it to rain on the earth forty days and forty nights, and I will destroy from the face of the

earth all living things that I have made." 5 And Noah did according to all that the Lord commanded him. 6 Noah was six hundred years old when the floodwaters were on the earth.

Quotes/Other Wisdom:

"Let each man exercise the art he knows." - Aristophanes

"Show me your hands. Do they have scars from giving? Show me your feet. Are they wounded in service? Show me your heart. Have you left a place for divine love?" - Fulton J. Sheen

"Our ideals are our better selves." - Amos Bronson Alcott

Games: Flag Day Word
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FLAG DAY

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

P	F	1	Ε	L	D	Α	Τ	R	1	E	0	Т	1
P	Α	Т	R	1	0	Т	1	C	Ε	S	N	M	1
S	S	S	U	Ρ	P	0	R	T	U	1	N	U	G
Ε	R	Υ	U	0	U	R	C	0	L	U	N	T	J
V	R	Α	S	R	Α	Т	S	Υ	В	Α	L	L	Т
Α	Н	E	1	Т	1	D	R	Α	Υ	L	Α	Н	E
W	M	E	R	S	Α	Ν	D	S	Υ	0	U	L	R
G	F	0	Ε	V	E	E	T	F	Ε	R	G	U	Ν
M	1	E	D	Ν	Т	R	Ε	S	1	Α	Ν	S	R
T	N	W	Н	1	1	G	Α	F	Ε	F	Υ	Ε	E
N	1	1	Н	P	D	L	L	Т	U	M	T	D	W
E	Α	W	Ε	Ε	U	Α	S	R	В	Ε	R	Υ	0
V	L	S	L	Т	G	Ε	L	0	S	1	T	F	L
D	L	P	E	Q	M	R	L	W	F	F	L	P	Т

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Blue	June	Stars			
Eagle	Lower	Stripes			
Field	Patriotic	Symbol			
Fifty	Pledge	Unfurl			
Finial	Raise	USA			
Flag	Red	Wave			
Halyard	Salute	White			