

## Wednesday, June 24<sup>th</sup> - Coping with Covid - Morning

**Laugh it off:** My husband, James Rowles, while in seminary, was invited to preach at a rural church. The man introducing him had trouble pronouncing his name. So James offered this clue: “It’s rolls, like hot buttered rolls.” It worked. When it came time for the introduction, the man announced, “We are pleased to have with us the Reverend James Biscuits.”

**God’s Comfort: Prov 31:2-9** 2 “Listen, my son! Listen, son of my womb! Listen, my son, the answer to my prayers! 3 Do not spend your strength on women, your vigor on those who ruin kings. 4 It is not for kings, Lemuel - it is not for kings to drink wine, not for rulers to crave beer, 5 lest they drink and forget what has been decreed, and deprive all the oppressed of their rights. and forget their poverty and remember their misery no more. 8 Speak up for those who cannot speak for themselves, for the rights of all who are destitute. 9 Speak up and judge fairly; defend the rights of the poor and needy.” **Psalms 6:1-4** 1 Lord, do not rebuke me in your anger or discipline me in your wrath. 2 Have mercy on me, Lord, for I am faint; heal me, Lord, for my bones are in agony. 3 My soul is in deep anguish. How long, Lord, how long? 4 Turn, Lord, and deliver me; save me because of your unfailing love.

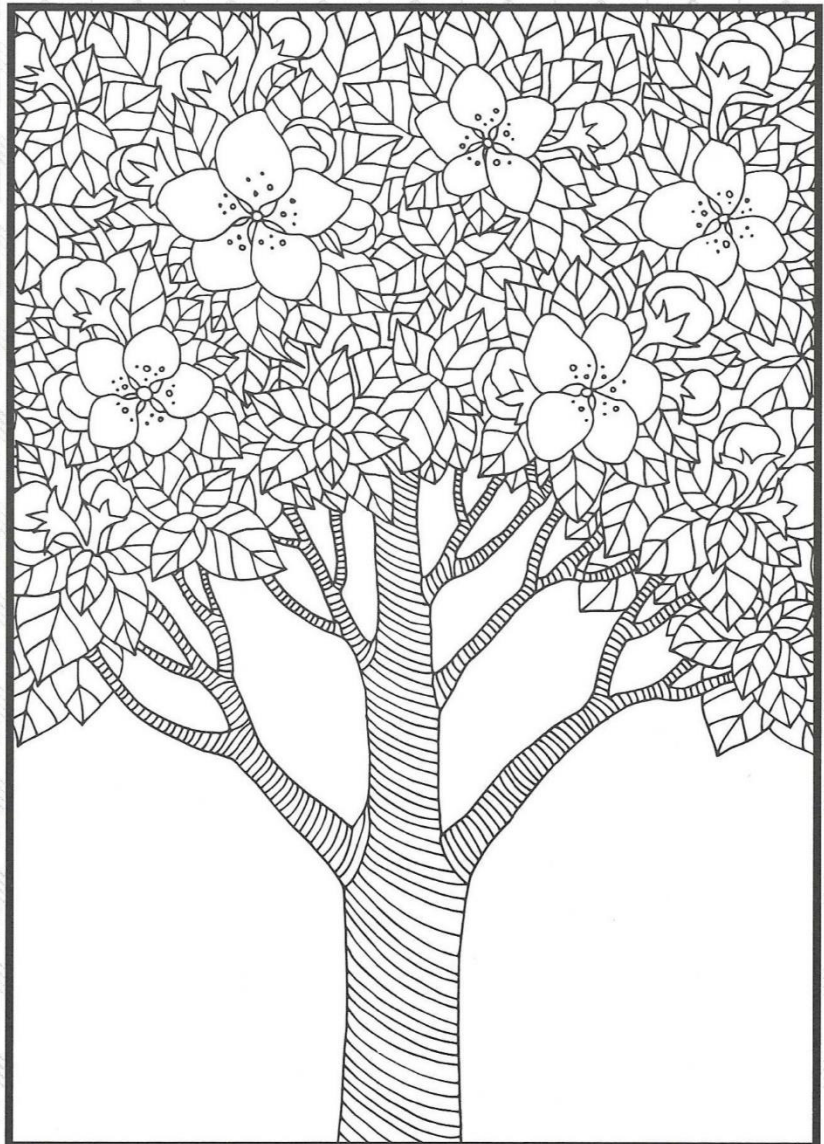
**Pray Daily – God is easy to talk to:** Dear Jesus, You seek and save the lost, set captives free, and bring dead things back to life. You are the great redeemer and the resurrection and the life. Resurrect peace inside us. Let your peace rule in our hearts and help us to function as one body with one faith and one baptism under one god who is father of all. May your will be done until your kingdom comes in its fullness and all the world may see that you are the Lord of Lords to the glory of your Father. Amen.

### **National Day Today (June 23):**

Celebration of the Senses, Fairy Day, Energy Shopping Day, Parchment Cooking Day, Pralines Day, St. Baptiste Day, Swim a Lap Day.

### **Coloring Page.**

Need a pastor? Jim Brewster at  
Gladtodoit@gmail.com or 202-557-8097.



## Wednesday, June 24<sup>th</sup> - Coping with Covid - Noon

**Laugh it off:** Colonoscopies are medical procedures that saved lives. Yet they are as popular as, well, a colonoscopy. Here are comments purportedly made by patients to physicians during their procedures. “Now I know how a Muppet feels!” “Could you write a note for my wife saying that my head is not up there?” “Any sign of the trapped miners, chief?” - Dave Barry --

As I entered the elevator at our hospital, a disheveled-looking man rushed in behind me carrying a ceramic blue baby bootie filled with carnations. I smiled knowingly and asked, “Does he look like you?” “I hope not,” he said. “I just deliver flowers.”

**God’s Comfort: Matthew 19:20-26** 20 “All these I have kept,” the young man said. “What do I still lack?” 21 Jesus answered, “If you want to be perfect, go, sell your possessions and give to the poor, and you will have treasure in heaven. Then come, follow me.” 22 When the young man heard this, he went away sad, because he had great wealth. 23 Then Jesus said to his disciples, “Truly I tell you, it is hard for someone who is rich to enter the kingdom of heaven. 24 Again I tell you, it is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” 25 When the disciples heard this, they were greatly astonished and asked, “Who then can be saved?” 26 Jesus looked at them and said, “With man this is impossible, but with God all things are possible.”

**Historical Perspective (June 23):** 1314 - Robert the Bruce beats Edward II at the Battle of Bannockburn. 1664 - New Jersey founded - after Isle of Jersey. 1675 - King Philip's War begins - Swansea, Plymouth colony. 1717 - Freemasons founded. 1771 - E.I. Du Pont born. 1895 - Jack Dempsey born. 1896 - Booker T. Washington - Honorary MA degree Howard University. 1915 - Norman Cousins born. 1922 - Manny Albam born – Saxophone. 1931 – Bill Casper Born - Golf. 1964 – FTC - cigarette packages need health warning. 1965 - Danielle Spencer born - What's Happening! 1974 - Lynyrd Skynyrd releases Sweet Home Alabama. 1982 - Supreme Court - Presidents can't be sued for damages connected with Presidential actions. 1998 - Walt Disney World Resort - 600M guest. 2002 - Monet's Waterlily painting - \$20.2M.

**Writing for Fun:** - Tanka is a Japanese poetry form that has 5 lines. Lines 1 and 3 have five syllables each. Lines 2, 4, and 5 have seven syllables each. Its summer, write a summer Tanka.

| Sample Tanka                     |             | Your Tanka: |
|----------------------------------|-------------|-------------|
| Summer heat comes again          | 5 syllables |             |
| Vacation, beach, lake, stream.   | 7 syllables |             |
| Cool refreshing swim             | 5 syllables |             |
| Why can't we stay here all year? | 7 syllables |             |
| December, January                | 7 syllables |             |

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## Wednesday, June 24th - Coping with Covid - Supper

**Laugh it off: Q:** While taking inventory, I read aloud the final numbers to my boss. As he entered each number into a calculator, I deleted it off my smart phone. Only after we'd finished, did we realize that he had been using his desk phone's keypad as his calculator. -- At the age of 55, I finally got my bachelor's degree and became a substitute teacher. One day, a seventh grader asked if I'd been teaching long. "Actually, I'm brand-new," I told him. "I just graduated." Looking me up and down, he asked, "How long were you in college?"

**God's Comfort: Genesis 16:13-17:2** 13 She gave this name to the Lord who spoke to her: "You are the God who sees me," for she said, "I have now seen the One who sees me." 14 That is why the well was called Beer Lahai Roi; it is still there, between Kadesh and Bered. 15 So Hagar bore Abram a son, and Abram gave the name Ishmael to the son she had borne. 16 Abram was eighty-six years old when Hagar bore him Ishmael. 17:1 When Abram was ninety-nine years

old, the LORD appeared to him and said, "I am God Almighty; walk before me faithfully and be blameless. 2 Then I will make my covenant between me and you and will greatly increase your numbers."

### Quotes/Other Wisdom:

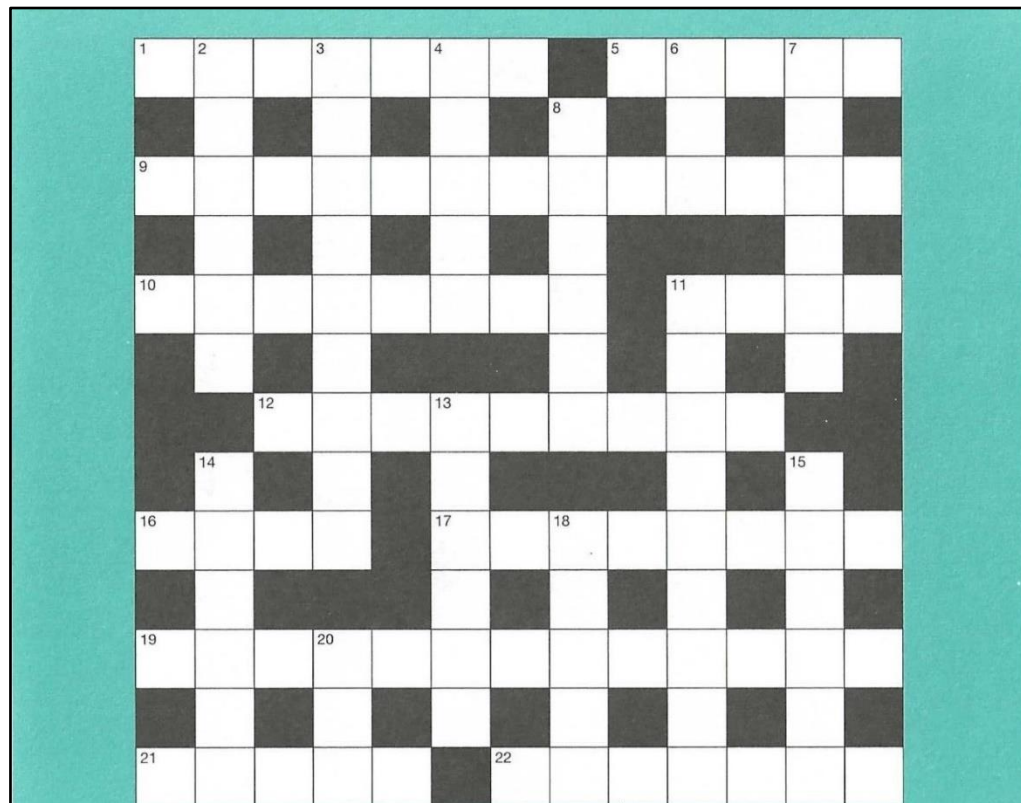
"The shoe that fits one person pinches another; there is no recipe for living that suits all cases." - Carl Jung

"Here is the test to find whether your mission on Earth is finished: if you're alive, it isn't." Richard Bach

"Life is too short for long-term grudges." Elon Musk

### Game- Crossword

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### ACROSS

- |                           |                               |
|---------------------------|-------------------------------|
| 1. Bans                   | 17. Legible                   |
| 5. Not competent          | 19. Employment perk (2 wds)   |
| 9. Fittingly              | 21. Emerald or aquamarine, eg |
| 10. Fresh; different      | 22. Pursuing                  |
| 11. Siamese               |                               |
| 12. Global                |                               |
| 16. Two-wheeled carriages |                               |

### DOWN

- |                         |                             |
|-------------------------|-----------------------------|
| 2. Specialist           | 11. Menaces                 |
| 3. Battles              | 13. Hospital carers         |
| 4. Come to maturity     | 14. Savage                  |
| 6. To no degree         | 15. England, in bygone days |
| 7. Type of neutron star | 18. Hebrew 'A'              |
| 8. Bluish-purple        | 20. A vote against          |