

Monday, June 22nd - Coping with Covid - Morning

Laugh it off: A man applying for credit at a department store. Clerk: What do you do for a living? Man: I'm a tree trimmer. Clerk: What do you do after Christmas? -- Were Moses alive today, the Ten Commandments would be known as the Ten Best Practices, presented in PowerPoint, and followed by 40 years of status meetings.

God's Comfort: Prov 30:24-28 24 "Four things on earth are small, yet they are extremely wise: 25 Ants are creatures of little strength, yet they store up their food in the summer; 26 hyraxes are creatures of little power, yet they make their home in the crags; 27 locusts have no king, yet they advance together in ranks; 28 a lizard can be caught with the hand, yet it is found in kings' palaces. **Psalm 5:3-7** In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly. 4 For you are not a God who is pleased with wickedness; with you, evil people are not welcome. 5 The arrogant cannot stand in your presence. ... 7 But I, by your great love, can come into your house; in reverence I bow down toward your holy temple.

Pray Daily – God is easy to talk to: Dear Heavenly Father, I thank You for being able to be awake again, to see and hear the morning. I am blessed because You are a forgiving Father; an understanding one at that. You have done marvelous things for me and my loved ones. You continue to bless me with so much more. Please forgive me this day for things I will do badly in thought, word, and deed. I ask You for your forgiveness. Also, let me remember the example of Jesus, to slip away and find a quiet place to pray. Amen.

National Day Today (June 22): Global Smurfs Day, Chocolate Eclair Day, Onion Rings Day, Stupid Guy Thing Day, Take Your Cat to Work Day.

Coloring Page – Van Gough Chair.

Need a pastor? Jim Brewster at Gladtodoit@gmail.com or 202-557-8097.



Monday, June 22nd - Coping with Covid - Noon

Laugh it off: Me: We must submit a form to every state. Coworker: All 51? Me: Fifty-one? Coworker: Whatever. I'm not good at geometry. -- After interviewing a candidate for an open position, I got a thank-you e-mail, stating, "It was a pressure meeting you."

God's Comfort: Matthew 19:7-12 7 "Why then," they asked, "did Moses command that a man give his wife a certificate of divorce and send her away?" 8 Jesus replied, "Moses permitted you to divorce your wives because your hearts were hard. But it was not this way from the beginning. 9 I tell you that anyone who divorces his wife, except for sexual immorality, and marries another woman commits adultery." 10 The disciples said to him, "If this is the situation between a husband and wife, it is better not to marry." 11 Jesus replied, "Not everyone can accept this word, but only those to whom it has been given. 12 For there are eunuchs who were born that way, and there are eunuchs who have been made eunuchs by others—and there are those who choose to live like eunuchs for the sake of the kingdom of heaven. The one who can accept this should accept it."

Historical Perspective (June 22): 1757 - George Vancouver born. 1832 - Pin machine patented. 1902 - John Dillinger born. 1907 - Ann Morrow Lindbergh born. 1909 - First transcontinental auto race ends - Seattle. 1939 - First water-ski tournament - Jones Beach, Long Island. 1936 - Kris Kristofferson born. 1943 - Brit Hume born. 1944 - FDR signs "GI Bill of Rights." 1949 - Meryl Streep born. 1952 - Graham Greene born. 1959 - Chuck Berry released "Memphis." 1959 - Eddie Lubanski - 24 consecutive strikes bowling. 1963 - The Surfaries release "Wipe Out." 1968 - Mason Williams releases "Classical Gas." 1981 - Mark David Chapman plead guilty - killed John Lennon. 1998 - 75th National Marbles Tournament.

Writing for Fun: - Use 100 words to describe - If you had a choice, what would you dream about tonight?

Sample Dream: For years I enjoyed dreams where I could fly. Not in a plane, but by pushing myself off the ground and spreading my arms. I could swoop, flip, dip, stall, climb, and barrel roll. I did not have to flap my arms to keep going. My initial push off the ground did the trick. I used my body and arms to control my direction. Most of my flights occurred in rooms, but some were outside. It was freeing and thrilling to be able to do this. They stopped five years ago and If I had my druthers, I'd have them return.

Your Dream:

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Monday, June 22nd - Coping with Covid - Supper

Laugh it off: Q: While at a convention, Bill, Jim, and Scott shared a hotel suite on the 75th floor. After a long day of meetings, they were shocked to find that the hotel elevators were broken and that they'd have to climb all the way up to their room. "I have a way to break the monotony," said Bill. "I'll tell jokes for 25 flights, Jim can sing songs for the next 25, and Scott can tell sad stories the rest of the way." As they started walking up, Bill told his first joke. At the 26th floor, Jim began to sing. At the 51st floor, it was Scott's turn. "I will tell my saddest story first," he said. "Once there was a man who left the room key in the car."

God's Comfort: Genesis 16:1-6 1 Now Sarai, Abram's wife, had borne him no children. But she had an Egyptian slave named Hagar; 2 so she said to Abram, "The Lord has kept me from having children. Go, sleep with my slave; perhaps I can build a family through her." Abram agreed to what Sarai said. 3 So after Abram had been living in Canaan ten years, Sarai his wife took her Egyptian slave Hagar and gave her to her husband to be his wife. 4 He slept with Hagar, and she conceived. When she knew she was pregnant, she began to despise her mistress. 5 Then Sarai said to Abram, "You are responsible for the wrong I am suffering. I put my slave in your arms, and now that she knows she is pregnant, she despises me. May the Lord judge between you and me." 6 "Your slave is in your hands," Abram said. "Do with her whatever you think best." Then Sarai mistreated Hagar; so she fled from her.

Quotes/Other Wisdom:

"You can always tell a real friend: when you've made a fool of yourself, he doesn't feel you've done a permanent job." - Laurence J. Peter

"Do I not destroy my enemies when I make them my friends?" - Abraham Lincoln

"Be courteous to all, but intimate with few, and let those few be well tried before you give them your confidence." - George Washington

Game- Word Search

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"SUN" at the Start 3

S U N L S S U N G L A S S E S
S U N S U D J S O S U N D R Y
Y N E K N U S U D U K N N W S
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SUN DANCE	SUNDEW	SUNNIEST
SUN DOG	SUNDIAL	SUNRISE
SUN HAT	SUNDOWN	SUNROOF
SUNBEAM	SUNDRY	SUNSET
SUNBOW	SUNGLASSES	SUNSTROKE
SUNBURN	SUNKEN	SUNSUIT
SUNDAE	SUNLIGHT	SUNTANNED
SUNDAY	SUNLOUNGER	SUNTRAP



I think laughter may be a form of courage. As humans we sometimes stand tall and look into the sun and laugh, and I think we are never more brave than when we do that.

Linda Ellerbee