# Thursday, June 11th - Coping with Covid - Morning

**Laugh it off:** When I stepped on the scale at my doctor's office, I was surprised to see that I weighed 144 pounds. "Why don't you just take off that last four?" I joked to the nurse's aide as she made a notation on my chart. A few moments later, my doctor came in, flipped through the chart, and said, "I see you've lost weight, you're down to 14 pounds."

God's Comfort: Prov 29:7-9 7 The righteous care about justice for the poor, but the wicked have no such concern. 8 Mockers stir up a city, but the wise turn away anger. 9 If a wise person goes to court with a fool, the fool rages and scoffs, and there is no peace. Psalm 147:12, -18 2 Extol the Lord, Jerusalem; praise your God, Zion. . . 19 He has revealed his word to Jacob, his laws and decrees to Israel. 20 He has done this for no other nation; they do not know his laws. Praise the Lord.

#### **Pray Daily – God is easy to talk to:**

Dear Jesus. You asked to have the children next to you. Help me to always love children like you do. Remind me how children and grandchildren are, wanting and needing things, and how wonderful it is when their needs are met. Help me realize that my adult children are responsible to you, not to me and as a result, help me to keep the welcome mat out and my mouth shut. Please draw my children to you and increase their faith. Thank you and amen.

### **National Day Today (June 11):**

Corn on the Cob Day, Corpus Christi, Dirty Book Day, Kamehameha Day (Hawaii), Career Nursing Assistants Day, Cotton Candy Day, German Chocolate Cake Day, Making Life Beautiful Day.

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Question Mark (Polygonia interrogationis). A silvery question mark on the underside of its mottled hind wings gives this member of the Anglewing group of the Brushfooted Butterflies its name. The edges of its wings look ragged and often have a purple hue. Able to lay its eggs in

any number of trees, particularly elms, the Question Mark is able to thrive in many places east of the Rocky Mountains, from Canada to Mexico. The adults frequently feed on fermented fruit, leading sometimes to the butterflies' becoming intoxicated!

## Thursday, June 11th - Coping with Covid - Noon

**Laugh it off**: As a phlebotomist, I visited a patient and told them, "I'm here to draw some blood. The patient, understandably confused, said, "But I just got a transfusion yesterday. I playfully smiled and said, "You didn't think you'd get to keep it, did you?"

God's Comfort: Matthew 17:14-21 14 When they came to the crowd, a man approached Jesus and knelt before him. 15 "Lord, have mercy on my son," he said. "He has seizures and is suffering greatly. He often falls into the fire or into the water. 16 I brought him to your disciples, but they could not heal him." 17 "You unbelieving and perverse generation," Jesus replied, "how long shall I stay with you? How long shall I put up with you? Bring the boy here to me." 18 Jesus rebuked the demon, and it came out of the boy, and he was healed at that moment. 19 Then the disciples came to Jesus in private and asked, "Why couldn't we drive it out?" 20 He replied, "Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

**Historical Perspective (June 11):** 1770 - Great Barrier Reef found - Capt. James Cook ran aground. 1864 - Richard Georg Strauss born. 1880 - Jeanette Rankin born - First woman elected to Congress. 1910 - Jacques-Yves Cousteau born. 1913 - Vince Lombardi born. 1919 - First horse - Triple Crown - Sir Barton. 1928 - King Oliver recorded "Tin Roof Blues." 1935 - Gene Wilder born. 1951 - Bonnie Pointer born - Pointer Sisters. 1956 - Joe Montana born. 1972 - Hank Aaron tied record - 14 career grand-slam home runs. 1982 - "E.T." opened. 1986 - Shia LaBeouf born.1987 - Margaret Thatcher - Third consecutive term. 1993 - "Jurassic Park" opened. 1993 - "What's Love Got To Do With It" opened - Ike and Tina Turner film.

**Writing for Fun**: - *The Singing Blade* is the title of you new novel. Use 100 words to write a synopsis or start the novel.

Sample Novel: Angelina's cry for help stopped in her throat when the man's arm encircled her neck. Then he pulled her back into the alley. Scared as she was, she remembered later, she could smell the food rotting in the bins behind El Camino's Café. Was she to end up a lifeless form in a dark dank dead-end lane? "Unhand her," a male voice sang out. "Not on your life," her captor said. Suddenly, her captor gurgled, released her, and collapsed to the ground clutching his throat. The lyrical voice spoke, "True, but on your life." That was my first encounter with the Singing Blade.

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## Thursday, June 11th - Coping with Covid - Supper

**Laugh it off: Q:** Imagine my surprise when I went to Tipler Army Medical Center for a heart bypass operation and discovered my surgeon's name was Dr. Eror. "What a name for a doctor," I said, not sure whether to laugh or cry. "Yeah," he agreed. "You can imagine people's reaction when they met me when I held the rank of major."

**God's Comfort: Genesis 9:7-11** 7 As for you, be fruitful and increase in number; multiply on the earth and increase upon it."8 Then God said to Noah and to his sons with him: 9 "I now establish my covenant with you and with your descendants after you 10 and with every living creature that was with you—the birds, the livestock and all the wild animals, all those that came

out of the ark with you—every living creature on earth. 11 I establish my covenant with you: Never again will all life be destroyed by the waters of a flood; never again will there be a flood to destroy the earth."

#### **Quotes/Other Wisdom:**

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." -Francis of Assisi

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.' -Desmond Tutu

"Try to be a rainbow in someone's cloud." - Maya Angelou

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Can you solve these visual word puzzles? Let your mind explore and you are sure to find the answers. Good luck!

1.	FACE	2. EGG EGG HAM
3.	BUR	THUMBS THUMBS THUMBS THUMBS THUMBS THUMBS
5.	TEEF FEET TEEF	6. FAMILY SHEEP
7.	poFISH <sub>nd</sub>	ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE ISSUE
9.	ab de fghij klmno pqrst uvwxy z	DAYSALLWORK