Saturday, July 18th - Coping with Covid - Morning

Laugh it off: Red sky at night, shepherd's delight. Blue sky at night, day. -- Don't knock the weather. If it didn't change, nine tenths of the people couldn't start a conversation -- It's been raining so much in Los Angeles that the Chia Pet I threw in the garbage is now blocking my entire driveway. - Jay Leno

God's Comfort: **Prov 10:1-4** The proverbs of Solomon: A wise son brings joy to his father, but a foolish son brings grief to his mother. 2 Ill-gotten treasures have no lasting value, but righteousness delivers from death. 3 The Lord does not let the righteous go hungry, but he thwarts the craving of the wicked. 4 Lazy hands make for poverty, but diligent hands bring wealth. **Psalm 19:1-4** 1 The heavens declare the glory of God; the skies proclaim the work of his hands. 2 Day after day they pour forth speech; night after night they reveal knowledge. 3

They have no speech, they use no words; no sound is heard from them. 4 Yet their voice goes out into all the earth, their words to the ends of the world.

Pray Daily – God is easy to talk to: May God the Father bless us, may Christ take care of us, the Holy Ghost enlighten us all the days of our life. The Lord be our defender and keeper of body and soul, both now and forever, to the ages of ages. Amen - St. Ethelwold.

Bridal Sale Day, Caviar Day, Sour Candy Day, Woodie Wagon Day, Nelson Mandela Day, Perfect Family Day, Strawberry Rhubarb

National Day Today (July 18)

Wine Day, Strawberry Rhubarb Wine Day, Toss Away the "Could Haves" and "Should Haves" Day, Women's Dive Day, World

Listening Day.

Need a pastor? Jim Brewster at Gladtodoit@gmail.com or 202-557-8097.



Question Mark (Polygonia interrogationis). A silvery question mark on the underside of its mottled hind wings gives this member of the Anglewing group of the Brushfooted Butterflies its name. The edges of its wings look ragged and often have a purple hue. Able to lay its eggs in

any number of trees, particularly elms, the Question Mark is able to thrive in many places east of the Rocky Mountains, from Canada to Mexico. The adults frequently feed on fermented fruit, leading sometimes to the butterflies' becoming intoxicated!

Saturday, July 18th - Coping with Covid - Noon

Laugh it off: Twice a year, we change the clocks for daylight-savings time. And twice a year, my normally punctual assistant arrives late to work the Monday after we do so. I finally had to find out why. "Do you have a problem remembering to spring forward or fall back?" I asked. "Oh, no," she said, pouring herself a cup of coffee. "What gets to me is staying up until 2 a.m. to change my clock."

God's Comfort: Matthew 23:8-12 8 "But you are not to be called 'Rabbi,' for you have one Teacher, and you are all brothers. 9 And do not call anyone on earth 'father,' for you have one Father, and he is in heaven. 10 Nor are you to be called instructors, for you have one Instructor, the Messiah. 11 The greatest among you will be your servant. 12 For those who exalt themselves will be humbled, and those who humble themselves will be exalted.

Historical Perspective (July 18) 0064 - Great Fire of Rome. 1887 - Vidkum Quisling born. 1913 - "Red" Skelton born. 1918 - Nelson Mandela born. 1921 - John Glenn born. 1927 - Ty Cobb - 4,000th career hit. 1929 - Dick Button born. 1936 - First Oscar Meyer Wienermobile. 1941 - Martha Reeves born - Martha and the Vandellas. 1942 - German Me-262 - First jet-propelled aircraft to fly in combat. 1970 - Ron Hunt (SF Giants) hit by pitch for 119th time. 1985 - Jack Nicklaus II (23) debut on pro golf tour. 1953 - Elvis Presley records "My Happiness" - gift for his mother. 1954 - Ricky Skaggs born. 1960 - Hank Ballard and the Midnighters release "The Twist." Not a hit till Chubby Checker recorded it a year later. 1960 - Elvis Presley released "It's Now Or Never". 1995 - Oldest (45,000 yrs) known musical instrument found - Indrijca River Valley, Slovenia. Bear bone with four artificial holes in it.

Writing for Fun: Use 100 words write a story that starts with a life-changing event.

Sample Life Changing Event:

"Welcome to the family, brother," Father Mark said giving me a hug. "From now on you are a new creation and your life starts new today." He smiled. I smiled too, but inside I was anxious. I didn't know how I was going to tell my wife that I was no longer the person she married. My visit to tell him what I thought of his church had turned me from a die-hard atheist to a Christian. From no God to a God who reigns, from oblivion to an afterlife, from selfishness to selflessness. She would not be pleased.

Your Life Changing Event:

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Saturday, July 18th - Coping with Covid - Supper

Laugh it off: On a family vacation one summer, we crossed Wyoming and noted several historical points of interest. The children were especially interested because they enjoyed the computer game "Oregon Trail," which gives players a taste of the hardships the pioneers endured. We stopped at the famous South Pass to look at the wagon tracks still visible in the dirt. Squinting out over the desolate, wind-swept landscape, my daughter nodded and said grimly, "In the game, this is where my oxen always die."

God's Comfort: Genesis 22:15-19, 24:1-4 15 The angel of the Lord called to Abraham from heaven a second time 16 and said, "I swear by myself, declares the Lord, that because you have done this and have not withheld your son, your only son, 17 I will surely bless you and make your descendants as numerous as the stars in the sky and as the sand on the seashore. Your descendants will take possession of the cities of their enemies, 18 and through your offspring[b]

all nations on earth will be blessed, because you have obeyed me." 19 Then Abraham returned to his servants, and they set off together for Beersheba. And Abraham stayed in Beersheba. . . 24:1 Abraham was now very old, and the Lord had blessed him in every way. 2 He said to the senior servant in his household, the one in charge of all that he had, "Put your hand under my thigh. 3 I want you to swear by the Lord, the God of heaven and the God of earth, that you will not get a wife for my son from the daughters of the Canaanites, among whom I am living, 4 but will go to my country and my own relatives and get a wife for my son Isaac."

Quotes/Other Wisdom:

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." - Dr. Seuss

"I'm inconsistent, even to myself." - Bob Dylan

"In times like these, it helps to recall that there have always been times like these." - Paul Harvey

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