

## **6. Coping with Covid - Morning**

**Laugh it off:** Vicky and her neighbor, Pauline, went to the police station to report Vicky's husband missing. The officer asked for a description. Vicky told him, '35 years old, 6ft 4inches, dark eyes, dark wavy hair, athletic build, weighs 185 pounds, softly-spoken and fabulous with children. Pauline interrupted, 'Vicky, your husband is 5 ft 8 inches, corpulent, bald, has a big mouth, and is horrid with children. Vicky replied, 'Yes, but who wants HIM back?'

**God's Comfort: John 14:1-3** "Do not let your hearts be troubled. You believe in God; believe in Me as well. In My Father's house are many rooms. If it were not so, would I have told you that I am going away to prepare a place for you? And if I go and prepare a place for you, I will come back and welcome you into My presence, so that you also may be where I am.

**Pray daily - God is easier to talk to than most people** - God, I want to believe that you're with me and that I am known and loved by you... but some days, it's hard. Help me to speak the truth from your Word back to myself. Take it from my head to my heart. Give me peace and wisdom courage to live like a conqueror - because you've already given me victory over every challenge and obstacle. Amen. - Amy Green

**National Day Today (March 25):** Legal Assistants Day; Live Long and Prosper Day; Make Up Your Own Holiday Day; Purple Day - (Supporting Epilepsy); National Spinach Day

**Writing for Fun: Family Memory** – Write down a wonderful time you had as a child or as an adult with your family. Describe what happened and why it is such a good memory.

<p><b>Sample:</b> When I was 14, my dad bought me an old sailboat. That winter we fixed it up. We drove from Albany to Essex most Friday's, worked all weekend, and drove back late Sunday night. We replaced rotted hull planks, removed floorboards, recaulked the centerboard, and installed on a new bang rail. Standing among oak, mahogany, and pine shavings, my face covered in sandpaper dust, I felt like a shipwright. We were so amused by the lyrical quality of the name of the chemical hardener for epoxy resin that we memorized it and joked about it days before dad's death. This time reinforced in me that all I ever want to be is my Dad.</p>	
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## **6. Coping with Covid - Noon**

**Laugh it off:** A senior meter reader from SMECO was training a new reader. They parked their van at the end of an alley and read meters to the other end. In the last house, a woman watched as they read her meter. After reading the last meter, the supervisor challenged the new guy. "I bet I can race you back to the van!" "You're on!" his trainee said and took off running. As they reached the van, the older beat the younger, but both were beat by the woman. The supervisor stopped her and asked, "What's wrong?" Gasping for breath, she replied, "When I saw two SMECO men running as fast as you were, I figured I'd better run too!"

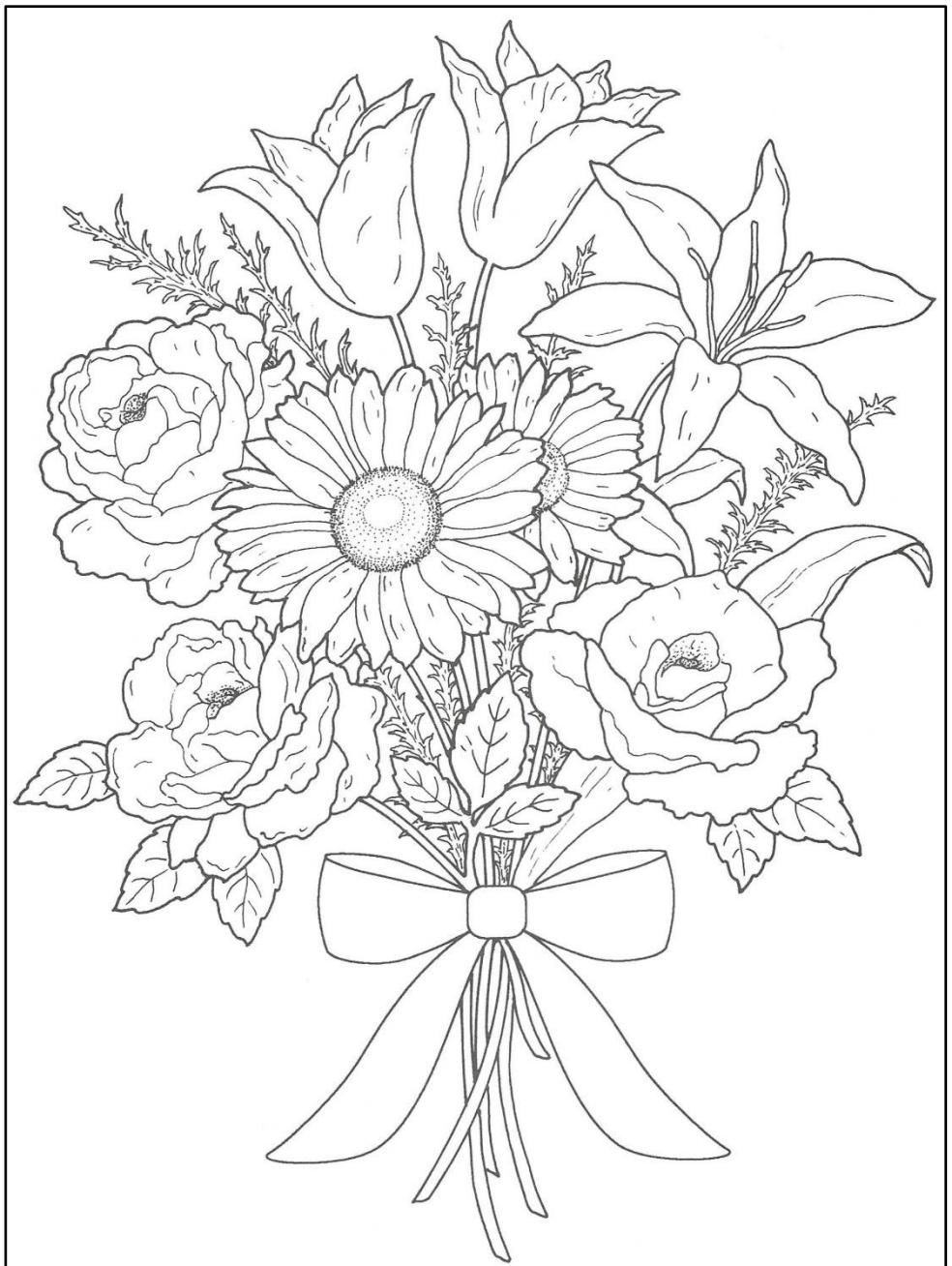
**God's Comfort: Psalm 19:1** The heavens declare the glory of God; the skies proclaim the work of his hands. **Psalm 95:4-5** In his hand are the depths of the earth, and the mountain peaks belong to him. The sea is his, for he made it, and his hands formed the dry land. **Psalm 96:11-12** Let the heavens rejoice, let the earth be glad; let the sea resound, and all that is in it. Let the fields be jubilant, and everything in them; let all the trees of the forest sing for joy.

**Historical Perspective (March 25):** **0421** The city of Venice was founded. **1634** Lord Baltimore founded the Catholic colony of Maryland. **1920** Howard Cosell born. **1942** Aretha Franklin born. **1968** The 58th and final episode of "The Monkees" TV show was aired.

**Coloring Page:** Have fun coloring your picture.

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## 6. Coping with Covid - Supper

**Laugh it off:** Joanne read in Vogue that milk baths did wonders for skin. She wrote a note telling the milkman to leave 100 bottles for her next delivery. The milkman saw the note and thought the amount must be wrong. He knocked on the door and asked her to clarify. When Joanne confirmed she wanted 100 bottles to fill her bath, the milkman asked, 'Do you want it pasteurized?' Joanne replied 'No, just up to my neck'

Milkman Note: "Dear milkman I've just had a baby, please leave another one."

Milkman Note: "Milk is needed for the baby. Father is unable to supply it."

**God's Comfort: Revelation 21:4-8** 'He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away.' 5 He who was seated on the throne said, "I am making everything new!" Then he said, "Write this down, for these words are trustworthy and true." 6 He said to me: "It is done. I am the Alpha and the Omega, the Beginning and the End. To the thirsty I will give water without cost from the spring of the water of life.

### NATIONAL MONUMENTS WORD SEARCH PUZZLE

#### Quotes/Other Wisdom:

"Always remember that you are absolutely unique. Just like everyone else." - Margaret Mead

"Never let the fear of striking out keep you from playing the game." -Babe Ruth

"In three words I can sum up everything I've learned about life: it goes on." - Robert Frost

#### Games for Fun: National Monuments Word Search

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| AZTEC RUINS      | HOVENWEEP        | PETROGLYPH     | SCOTTS BLUFF      |
| DEVILS TOWER     | MISTY FJORDS     | PINNACLES      | STATUE OF LIBERTY |
| FORT SUMTER      | MONTEZUMA CASTLE | PIPE SPRING    | TUZIGOOT          |
| FOSSIL BUTTE     | MUIR WOODS       | POVERTY POINT  | WHITE SANDS       |
| GOVERNORS ISLAND | NATURAL BRIDGES  | RAINBOW BRIDGE | YUCCA HOUSE       |