

1. Coping with Covid - Breakfast

Laugh it off: Q: What do you call a boomerang that doesn't work? A: A stick.

Q: Why do blind people hate skydiving? **A:** It scares the heck out of their dogs.

My dog used to chase people on a bike a lot. It got so bad, finally I had to take his bike away.

God's Comfort: Psalm 121:1-2 I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth.

Psalm 118:24 This is the day that the Lord has made, let us rejoice and be glad in it

Romans 8:31 What, then, shall we say in response to these things? If God is for us, who can be against us?

Prayer: Lord, You invite all who are burdened to come to You. Allow Your healing hand to heal me. Touch my soul with Your compassion for others. Touch my heart with Your courage and infinite love for all. Touch my mind with Your wisdom, that my mouth may always proclaim Your praise. Teach me to reach out to You in my need and help me to lead others to You by my example. Most loving Heart of Jesus, bring me health in body and spirit that I may serve You with all my strength. Touch gently this life which You have created, now and forever. Amen.

National Day Today (March 20): Absolutely Incredible Kid Day; National Common Courtesy Day; National French Bread Day; World Down Syndrome Day; World Poetry Day

Writing for Fun: In honor of World Poetry Day lets learn and practice a Cinquain

A cinquain is a five lined poem consisting respectively of two, four, six, eight, and two syllables. Please write one or more Cinquains about a pleasant time in your life.

Cinquain Example		#
Rain comes (2 syllables)		(2 syllables)
Pouring straight down (4)		(4 syllables)
Wets the sand, wets the grass (6)		(6 syllables)
Before we know it, it will pass (8)		(8 syllables)
Shower (2)		(2 syllables)

		(2 syllables)
		(4 syllables)
		(6 syllables)
		(8 syllables)
		(2 syllables)

Free coloring pages and download of Uncle Rocky Fireman – Fire! at www.Gladtodoit.net. If you need to talk to a pastor, contact Jim Brewster at Gladtodoit@gmail.com or 202-557-8097.

1. Coping with Covid - Lunch

Laugh it off: Did you hear what happened when Chuck Norris has got Covid-19? The virus quarantined itself for 14 days.

What is the difference between Romeo & Juliet and Covid-19? One is the Corona Virus and the other is a Verona Crisis.

God's Comfort: Isaiah 41:10 Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

John 16:33 I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.

Historical Perspective (March 20): 1911 - 1st International Women's Day sees over 1 million men and women attend rallies in Austria, Denmark, Germany and Switzerland.

1984 - John J O'Connor named 8th archbishop of New York.

2019 -American Karen Uhlenbeck is the first woman to win the Abel Prize for mathematics.

Coloring Page: Have fun coloring this picture.

Free coloring pages and download of Uncle Rocky Fireman – Fire! at www.Gladdoit.net.

If you need to talk to a pastor, contact Jim Brewster at Gladdoit@gmail.com or 202-557-8097.



1. Coping with Covid - Supper

Laugh it off: Do you know why blonde jokes are so short? So, men can remember them.

What do you call a snobbish criminal going down the stairs? A condescending con descending.

God's Comfort: Deuteronomy 31:6 Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.

2 Corinthians 12:9-10 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

Quotes/Other Wisdom: Igor Sikorsky – Inventor of the Helicopter

"Our concerns sink into insignificance when compared with the eternal value of human personality – a potential child of God which is destined to triumph over lie, pain, and death."

"If you are in trouble anywhere in the world, an airplane can only fly over and drop flowers, but a helicopter can land and save your life."

Games for Fun: Lord's Prayer Word Search, Sudoku

Y D H T R A E H
 R D E P O W E R
 O E A B A L V N
 L B V I T L I E
 G T E E L O G M
 O S N W R Y R A
 D A E R B O O S
 E R E H T A F D

Amen, Bread, Daily, Debtors, Debts,
 Earth, Father, Forever, Forgive, Glory,
 Heaven, Power

Sudoku Puzzle

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

				8				
1		8	5		7	2	6	3
7	2		3			4		
9			8	6				
6	4		2		3		8	
	8			7	9			5
	7	1		3	5			6
	5	2			6	7	3	9
				2				

If you need to talk to a pastor,
 contact Jim Brewster at
Gladtodoit@gmail.com or 202-
 557-8097.