

## **12 - Coping with Covid - Morning**

**Laugh it off:** Sign in restaurant window: Eat now - Pay waiter.

Sign outside a cafe: "Now Serving Food". (It makes one wonder what they used to serve.)

Dieting is the triumph of mind over platter.

**God's Comfort: Psalm 5:1-3** Listen to my words, LORD, consider my lament. Hear my cry for help, my King and my God, for to you I pray. In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly. **Proverbs 18:13, 17-18** 13 If one gives an answer before he hears, it is his folly and shame . . . 17 The one who states his case first seems right, until the other comes and examines him. 18 The lot puts an end to quarrels and decides between powerful contenders.

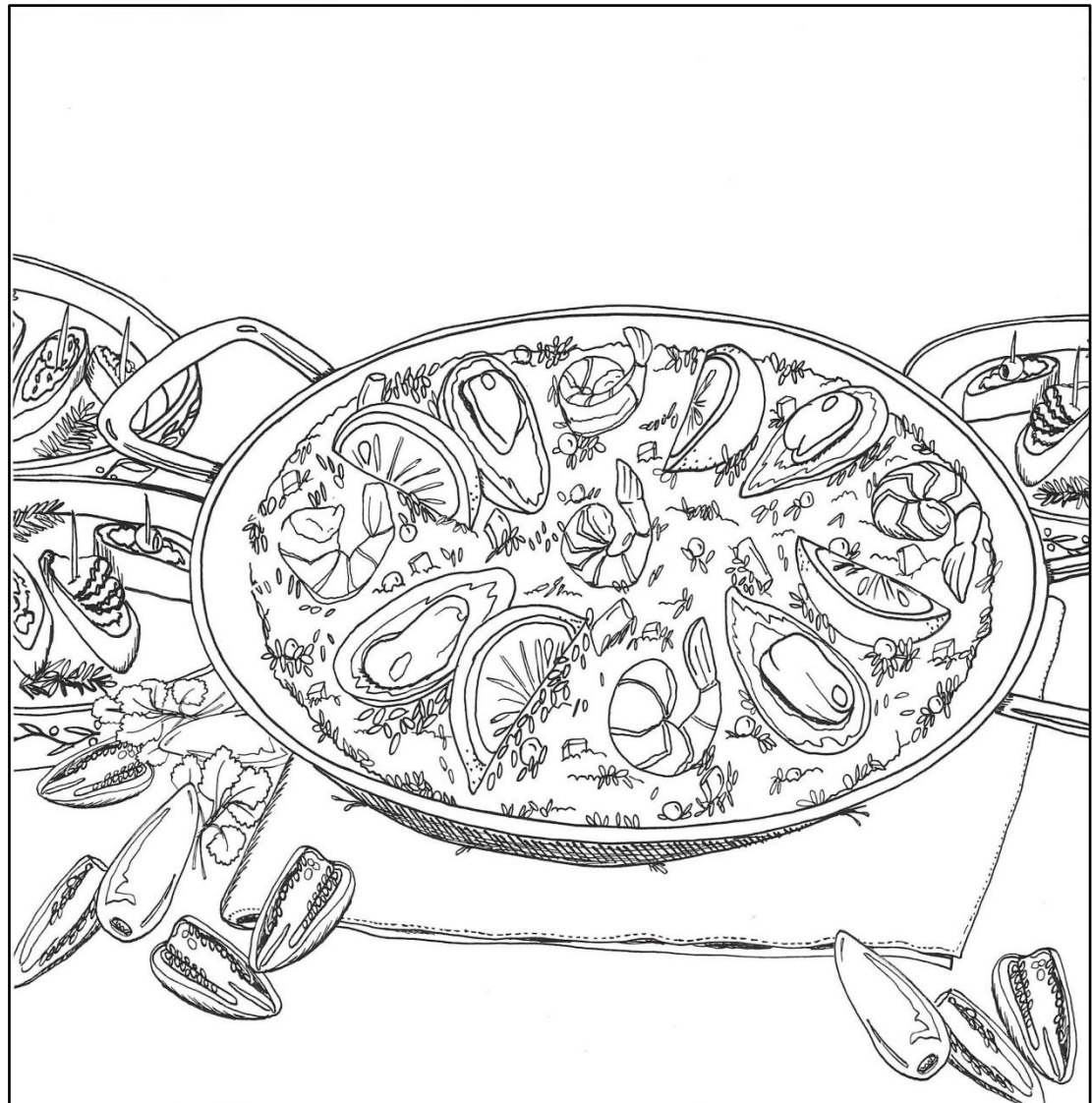
**Pray daily - God is easier to talk to than most people** – Father, I adore you, O my God, and I love you with all my heart. I give you thanks that you hast created me, made me a Christian, and preserved me this night. I offer you the actions of this day; grant that all of them may be according to your holy Will, and for your greater glory. Save me from sin and from all evil. Let your grace be always with me. Amen.

### **National Day Today**

**(March 31):** Eiffel Tower Day, National Clams on the Half Shell Day, National Crayon Day, National She's Funny That Way, Oranges and Lemons Day, Tater Day

**Coloring Page:** Have fun coloring this picture.

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## 12 - Coping with Covid - Noon

**Laugh it off:** Today, I noticed an old man sitting on a park bench crying. I asked him what was wrong. He told me, 'I have a young wife at home. She rubs my back, makes me pancakes, sausage, fresh fruit and freshly ground coffee for breakfast. She makes me homemade soup for lunch, cleans the house, and then watches sports TV with me all afternoon. For dinner she cooks a gourmet meal with wine and my favorite dessert and then we cuddle. Why in the world are you crying?' I asked. He replied, 'I can't remember where I live.'

**God's Comfort: 1 Peter 2:21-25** . . this is part of your calling. For Christ suffered for you and left you a personal example and wants you to follow in his steps. 'Who committed no sin, nor was guile found in his mouth'. Yet when he was insulted, he offered no insult in return. When he suffered, he made no threats of revenge. He simply committed his cause to the one who judges fairly. And he personally bore our sins in his own body on the cross, so that we might be dead to sin and be alive to all that is good. It was the suffering that he bore which healed you.

**Historical Perspective (March 31): 1929** - Liz Claiborne born - Fashion designer **1943** - "Oklahoma!" debuted, Rodgers and Hammerstein. Originally "Away We Go." **1958** - Chuck Berry's "Johnny B. Goode" released. **2004** - Google Inc. introduced free e-mail service - Gmail.

**Writing for Fun: Acrostic** – A poem made from the letters of a word or phrase where word or sentence starts with a letter in the word or phrase.

### **Sample Letter:**

Dear Cal Ripken,

I moved to the Hamilton section of Baltimore in 1987. We lived 10 minutes away from Memorial Stadium. I could come home from work, eat supper at 6:30, ask the boys if they wanted to go to a game, and be in the stadium on the third base side by 7 PM.

My boys loved you, as did I and I was very glad I could point them towards you as a role model of hard work, humility, and decency.

Thank you so very much for developing and maintaining your character that my boys, now 35 and 33, still want to emulate.

Jim Brewster

### **Write your letter here:**

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## 12 - Coping with Covid - Supper

**Laugh it off:** A police officer had the perfect hiding spot for catching speeding motorists. But one day, she noticed everyone was under the speed limit. She investigated and found a 10-year old boy standing by the side of the road with a huge hand-painted sign proclaiming, "Radar Trap Ahead." She investigated further and found the boy's accomplice, another young lad, about 100 yards beyond the radar trap. His sign read "Tips" and the bucket at his feet was full.

**God's Comfort: Luke 1: 3-4** . . . since I myself have carefully investigated everything from the beginning, I too decided to write an orderly account for you, most excellent Theophilus, so that you may know the certainty of the things you have been taught. **John 1:1-4** In the beginning was the Word, and the Word was with God, and the Word was God. . . . 3 Through him all things were made; without him nothing was made that has been made. 4 In him was life, and that life was the light of all mankind.

**Quotes/Other Wisdom:** That's one small step for a man, one giant leap for mankind. - Neil Armstrong

### ZOO ANIMALS WORD SEARCH PUZZLE

The only thing that interferes with my learning is my education. - Albert Einstein

Ask not what your country can do for you, but what you can do for your country. -John F. Kennedy

### Games for Zoo Animals Word Search

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AFRICAN LION  
ANTELOPE  
ARCTIC WOLF  
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BIGHORN SHEEP

CHIMPANZEE  
ELEPHANT  
GIANT PANDA  
GIRAFFE  
GORILLA

HIPPOPOTAMUS  
KANGAROO  
MANDRILL  
MEERKAT  
ORANGUTAN

POLAR BEAR  
RED FOX  
RHINOCEROS  
SNOW LEOPARD  
WILDEBEEST