

## **11 - Coping with Covid - Morning**

**Laugh it off:** How do you tell when you're out of invisible ink?

My mechanic told me, 'I couldn't repair your brakes, so I made your horn louder.'

Why do psychics have to ask you for your name?

Do you think when they asked George Washington for ID that he just whipped out a quarter?'

**God's Comfort: Proverbs 17:9** Whoever conceals an offense promotes love, but he who brings it up separates friends. **Proverbs 17:10** A rebuke cuts into a man of discernment deeper than a hundred lashes cut into a fool. **Proverbs 17:22** A joyful heart is good medicine, but a broken spirit dries up the bones.

**Pray daily - God is easier to talk to than most people - The Good Morning God Prayer**

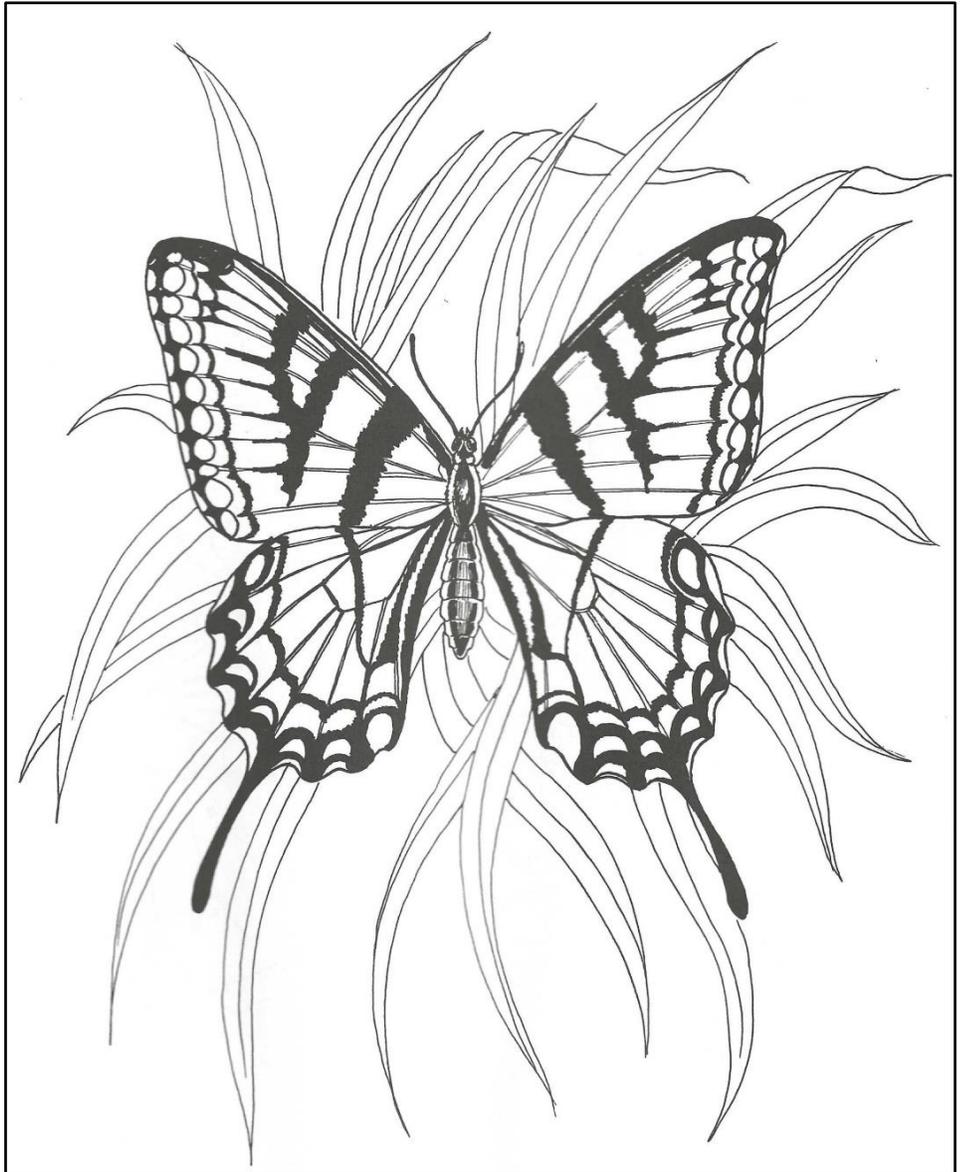
Good Morning God! You are ushering in another day, untouched and freshly new. So here I am to ask you, God, if You'll renew me too. Forgive the many errors that I made yesterday, and let me try again dear God to walk closer in Your way.

But Lord, I am well aware, I can't make it on my own. So take my hand and hold it tight, for I cannot walk alone.  
Amen

**National Day Today (March 30):** Grass is Always Browner on the Other Side of the Fence Day, International Folding Laundry Day, National Doctors Day, Take A Walk In the Park Day.

**Coloring Page:** Have fun coloring this picture.

Free coloring pages and download - Uncle Rocky Fireman – Fire! at [www.Gladdo.it.net](http://www.Gladdo.it.net). If you need to talk to a pastor, contact Jim Brewster at [Gladdo.it@gmail.com](mailto:Gladdo.it@gmail.com) or 202-557-8097



# 11 - Coping with Covid - Noon

**Laugh it off:** George and his wife, Jennifer, went on a diet that had specific recipes for each meal of the day. They followed the instructions closely and divided the finished recipe in half for their individual portions. Robert and Jennifer thought the diet was wonderful as they felt great and were never hungry. However, Robert and Jennifer soon realized they were gaining weight, not losing it. They carefully checked each recipe and then found their error. In small print they read, 'Serves 6.'

**God's Comfort: Matthew 13:44** "The kingdom of heaven is like treasure hidden in a field. When a man found it, he hid it again, and then in his joy went and sold all he had and bought that field.

**Matthew 5:14-16** "You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

**Historical Perspective (March 30): 1853** -Vincent Van Gogh born. **1867** -U.S. purchased Alaska from Russia - \$7.2M dollars. **1930** - Peter Marshall, host of "Hollywood Squares" born. **1968** - Celine Dion Singer born. **1987** - Vincent Van Gogh's "Sunflowers" sold for \$39.85 million.

**Writing for Fun: Acrostic** – A poem made from the letters of a word or phrase where each word or sentence starts with a letter in the word or phrase.

Sample Acrostic: Smile	Sample Acrostic: Sandy Cove (Camp)	Write Your Own Maryland	Write Your Own Ocean City
Sweet expression mouth held right i love to see these laughing outright effervescent emotion	Salads & soups Applesauce Nuts & berries Dill pickles & donuts Yogurt	M A R Y L A N D	O C E A N C I T Y
	Cookies Oven fried chicken Veggies Everyone overeats here		

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# 11 - Coping with Covid - Supper

**Laugh it off:** Mr. West was furious when his steak arrived cooked too rare. 'Waiter,' he shouted, 'Didn't you hear me say "well done"?' 'Of course, I did, sir. I can't thank you enough, sir,' replied the waiter. 'I hardly ever get a compliment.'

Inside me lives a skinny woman crying to get out. But I can usually shut her up with cookies.....

**God's Comfort: 1 Peter 1:13-16** Therefore, with minds that are alert and fully sober, set your hope on the grace to be brought to you when Jesus Christ is revealed at his coming. As obedient children do not conform to the evil desires you had when you lived in ignorance. But just as he who called you is holy, so be holy in all you do; for it is written: "Be holy, because I am holy."

## Quotes/Other Wisdom:

I came, I saw, I  
conquered. -Julius  
Caesar

I think, therefore I am.  
- René Descartes

To be, or not to be, that  
is the question. -  
William Shakespeare

## Games for Fun: Anatomy Word Search

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## ANATOMY WORD SEARCH PUZZLE



ADVENTITIA	CUBITAL	METACARPALS	STERNUM
CEREBRUM	DELTOID	PANCREAS	TEMPORAL
CLAVICLE	ESOPHAGUS	PATELLA	THYROID
COCHLEA	GALLBLADDER	SCAPULA	TRACHEA
CRANIUM	HUMERUS	SPINAL CORD	TRAPEZIUS